

# DÜSSEL-CUP

QUEER MULTISPORT - EVENT

## Startlist

### Session 1 | 01.04.2023

Entrance: 9:45  
Officialssitzung: 10:30  
Beginning: 11:00

### Pool

5 Lanes á 25m | water temperature approx. 26° C  
Wellenkiller-Leinen | manual timing

### Hallenbad Eller

Heidelberger Str. 75 - 40229 Düsseldorf

### Session 2 | 01.04.2023

Entrance: 13:15  
Officialssitzung: 13:30  
Beginning: 14:00



## Number of nominations

Participants: female/male Nominations: Single/Relay

### Foreign Clubs

No.	Club	Nation	Participants	Sess.1	Sess.2	Total
1.	Active Company Antwerp	BEL	0/ 2	4/ 0	3/ 0	7/ 0
2.	Alfa Athens	GRE	0/ 1	0/ 0	2/ 0	2/ 0
3.	AquaNovio Njmegen	NED	0/ 11	16/ 2	13/ 2	29/ 4
4.	GLS Ketelbinkie Rotterdam	NED	0/ 6	7/ 1	7/ 1	14/ 2
5.	HHZV Plons	NED	2/ 2	7/ 1	10/ 1	17/ 2
6.	Nat Utrecht	NED	2/ 6	12/ 1	13/ 2	25/ 3
7.	Old Dutch Breda	NED	0/ 2	3/ 0	3/ 0	6/ 0
8.	PSV Eindhoven	NED	0/ 1	2/ 0	3/ 0	5/ 0
9.	PSV Masters Zwemmen Eindhoven	NED	1/ 1	5/ 0	5/ 0	10/ 0
10.	Royal Ostend SC	BEL	0/ 1	2/ 0	3/ 0	5/ 0
11.	Stockholm Dolphins	SWE	0/ 1	1/ 0	2/ 0	3/ 0
	<b>Total for this region</b>		<b>5/ 34</b>	<b>59/ 5</b>	<b>64/ 6</b>	<b>123/ 11</b>

### Bayerischer Schwimmverband (LSV-Nr.: 2)

No.	Club	DSV-Id	Participants	Sess.1	Sess.2	Total
12.	SC Regensburg	6524	0/ 1	2/ 0	3/ 0	5/ 0
	<b>Total for this region</b>		<b>0/ 1</b>	<b>2/ 0</b>	<b>3/ 0</b>	<b>5/ 0</b>

### Berliner Schwimmverband (LSV-Nr.: 3)

No.	Club	DSV-Id	Participants	Sess.1	Sess.2	Total
13.	SC Berliner Regenbogenforellen	5675	0/ 2	3/ 0	4/ 0	7/ 0
14.	Vorspiel SSL Berlin	5670	0/ 7	15/ 1	15/ 1	30/ 2
	<b>Total for this region</b>		<b>0/ 9</b>	<b>18/ 1</b>	<b>19/ 1</b>	<b>37/ 2</b>

### Hamburger Schwimm-Verband (LSV-Nr.: 6)

No.	Club	DSV-Id	Participants	Sess.1	Sess.2	Total
15.	Sanitäts SV 89	4107	0/ 2	6/ 0	4/ 0	10/ 0
16.	Startschuss Hamburg	5856	0/ 2	2/ 0	3/ 0	5/ 0
17.	SV Eidelstedt	5738	0/ 1	2/ 0	1/ 0	3/ 0
	<b>Total for this region</b>		<b>0/ 5</b>	<b>10/ 0</b>	<b>8/ 0</b>	<b>18/ 0</b>

### Hessischer Schwimm-Verband (LSV-Nr.: 7)

No.	Club	DSV-Id	Participants	Sess.1	Sess.2	Total
18.	FVV Frankfurt	5457	5/ 10	22/ 5	22/ 5	44/ 10
	<b>Total for this region</b>		<b>5/ 10</b>	<b>22/ 5</b>	<b>22/ 5</b>	<b>44/ 10</b>

### Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)

No.	Club	DSV-Id	Participants	Sess.1	Sess.2	Total
19.	Anstoß Bielefeld	5537	2/ 2	6/ 0	6/ 0	12/ 0
20.	ASV Sankt Augustin	2650	0/ 1	2/ 0	3/ 0	5/ 0

**still Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)**

No.	Club	DSV-Id	Participants	Sess.1	Sess.2	Total
21.	Delphin Ratingen-Lintorf	2673	2/ 0	2/ 0	4/ 0	6/ 0
22.	Düsseldorf Dolphins	5145	2/ 12	24/ 4	24/ 4	48/ 8
23.	Düsseldorfer SC	2700	2/ 1	5/ 0	5/ 0	10/ 0
24.	SC AufRuhr Herne	5126	4/ 7	16/ 2	18/ 3	34/ 5
25.	SC Janus Köln	2837	8/ 7	27/ 4	31/ 4	58/ 8
26.	SG Mülheim	2884	0/ 3	6/ 0	7/ 0	13/ 0
27.	SG Niederrhein	7107	1/ 2	6/ 0	6/ 0	12/ 0
	<b>Total for this region</b>		<b>21/ 35</b>	<b>94/ 10</b>	<b>104/ 11</b>	<b>198/ 21</b>

**Total number of nominations**

No.	Club	DSV-Id	Participants	Sess.1	Sess.2	Total
	<b>All clubs</b>		<b>31/ 94</b>	<b>205/ 21</b>	<b>220/ 23</b>	<b>425/ 44</b>

## **Session 1 - Saturday 01.04.2023**

Entrance: 09:45 | Warmup: 10:00 | Officialssitzung: 10:30  
Beginning: 11:00

### **Eventlist Session 1**

- Event 1 - 4x50m Individuel Medley mixed (2 Heats) (approx. 11:00 )
- Event 2 - 50m Breaststroke (11 Heats) (approx. 11:12 )
- Event 3 - 200m Individuel Medley (4 Heats) (approx. 11:32 )
- Event 4 - 100m Backstroke (6 Heats) (approx. 11:48 )
- Event 5 - 50m Freestyle (12 Heats) (approx. 12:04 )
- Event 6 - 100m Butterfly (3 Heats) (approx. 12:22 )
- Event 7 - 200m Freestyle (7 Heats) (approx. 12:29 )
- Event 8 - 4x50m Individuel Medley (3 Heats) (approx. 13:03 )
- Sessionsende (approx. 13:14 )

### **Event 1 - 4x50m Individuel Medley mixed**

#### Heat 1/2 (approx. 11:00)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	1. Mannschaft / Team (X)	200+	Nat Utrecht	00:00,00
Lane 3	1. Mannschaft / Team (X)	200+	Düsseldorf Dolphins	03:10,00
Lane 4	1. Mannschaft / Team (X)	200+	SC AufRuhr Herne	03:15,00

#### Heat 2/2 (approx. 11:04)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	1. Mannschaft / Team (X)	200+	FVV Frankfurt	02:50,00
Lane 2	1. Mannschaft / Team (X)	160+	SC Janus Köln	02:40,00
Lane 3	1. Mannschaft / Team (X)	160+	HHZV Plons	02:24,00
Lane 4	1. Mannschaft / Team (X)	120+	SC Janus Köln	02:40,00
Lane 5	1. Mannschaft / Team (X)	160+	FVV Frankfurt	02:45,00

### **Event 2 - 50m Breaststroke**

#### Heat 1/11 (approx. 11:12)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Gregor Gehrig (M)	AK 30	SC AufRuhr Herne	00:00,00
Lane 2	Lars Solleveld (M)	AK 25	Nat Utrecht	02:30,00
Lane 3	Uwe Kopacz (M)	AK 65	Startschuss Hamburg	02:00,00
Lane 4	Bettina Birkelbach (W)	AK 55	SC AufRuhr Herne	02:00,00
Lane 5	Maarten van Dijk (M)	AK 30	AquaNovio Njmegen	00:00,00

#### Heat 2/11 (approx. 11:15)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Eva Lepperhoff (W)	AK 50	Düsseldorf Dolphins	02:00,00
Lane 2	Bettina Koch (W)	AK 40	SC AufRuhr Herne	01:10,44
Lane 3	Anke Goetz (W)	AK 55	Düsseldorf Dolphins	01:00,00
Lane 4	Jutta Büschkes (W)	AK 55	SC AufRuhr Herne	01:02,00
Lane 5	Barbara Oenning (W)	AK 55	SC Janus Köln	01:15,00

## **still Event 2 - 50m Breaststroke**

### Heat 3/11 (approx. 11:18)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Ina Manthey (W)	AK 55	FVV Frankfurt	00:55,32
Lane 2	Antonia Staab (W)	AK 20	SC Janus Köln	00:55,00
Lane 3	Claudia Glörfeld (W)	AK 55	SC Janus Köln	00:54,00
Lane 4	Mikael Björk (M)	AK 60	Stockholm Dolphins	00:55,00
Lane 5	Ronsch Haase (D) (W)	AK 25	Anstoß Bielefeld	00:55,30

### Heat 4/11 (approx. 11:20)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Pim Kool (M)	AK 45	Nat Utrecht	00:51,00
Lane 2	Jörg Nottenkämper (M)	AK 50	SC AufRuhr Herne	00:50,00
Lane 3	Rosa-Stella Mbulu (W)	AK 45	SC Janus Köln	00:50,00
Lane 4	Enrico Gatz (M)	AK 45	FVV Frankfurt	00:50,00
Lane 5	Rainer Siekmeier (M)	AK 60	FVV Frankfurt	00:50,20

### Heat 5/11 (approx. 11:21)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Sue Simon (W)	AK 50	SC Janus Köln	00:50,00
Lane 2	Rob Driessen (M)	AK 60	AquaNovio Njmegen	00:48,00
Lane 3	Elke Roovers (W)	AK 35	Nat Utrecht	00:46,00
Lane 4	Joris de la Court (M)	AK 50	AquaNovio Njmegen	00:46,00
Lane 5	Andreas Kammerich (M)	AK 50	Düsseldorf Dolphins	00:49,00

### Heat 6/11 (approx. 11:23)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Gerzo Ulises Moya Oliveros (M)	AK 30	SC Janus Köln	00:45,00
Lane 2	Buck Broker (M)	AK 65	Vorspiel SSL Berlin	00:44,90
Lane 3	Mathijs Irik (M)	AK 45	Nat Utrecht	00:44,44
Lane 4	Daniel Thyroke-Gronostay (M)	AK 50	Vorspiel SSL Berlin	00:44,50
Lane 5	Karin Wilk (W)	AK 65	Düsseldorfer SC	00:45,00

### Heat 7/11 (approx. 11:24)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Matthieu Fraissinet-Tachet (M)	AK 30	SC Berliner Regenbogenforellen	00:44,00
Lane 2	Christian Lappen (M)	AK 50	Düsseldorf Dolphins	00:43,00
Lane 3	Volker Kassing (M)	AK 55	SC AufRuhr Herne	00:42,00
Lane 4	Adriaan Kop (M)	AK 60	Old Dutch Breda	00:42,27
Lane 5	Thomas Naguschewski (M)	AK 55	SC AufRuhr Herne	00:43,00

### Heat 8/11 (approx. 11:26)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Henrik Sie (M)	AK 35	SC AufRuhr Herne	00:42,00
Lane 2	Stefan Zanders (M)	AK 60	Düsseldorf Dolphins	00:42,00
Lane 3	Rick Helmich (M)	AK 40	AquaNovio Njmegen	00:41,00
Lane 4	Ulrich Garlt (M)	AK 60	Vorspiel SSL Berlin	00:41,20
Lane 5	Tim Zwanikken (M)	AK 60	AquaNovio Njmegen	00:42,00

## **still Event 2 - 50m Breaststroke**

### **Heat 9/11 (approx. 11:27)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Nanda van Heteren (W)	AK 30	PSV Masters Zwemmen Eindhoven	00:40,50
Lane 2	Florian Grieger (M)	AK 45	ASV Sankt Augustin	00:39,51
Lane 3	Frederik Vogel (M)	AK 25	SC Janus Köln	00:38,00
Lane 4	Eike Bahr (M)	AK 25	Düsseldorf Dolphins	00:39,00
Lane 5	John Reichel (M)	AK 60	Sanitäts-SV HH 1889	00:40,00

### **Heat 10/11 (approx. 11:29)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Martin Sturm (M)	AK 40	Vorspiel SSL Berlin	00:38,00
Lane 2	Manuel Grote (M)	AK 35	FVV Frankfurt	00:37,50
Lane 3	Jeroen van Brakel (M)	AK 30	GLS Ketelbinkie Rotterdam	00:37,00
Lane 4	Ansgar Finken (M)	AK 50	FVV Frankfurt	00:37,50
Lane 5	Joel Schübler (M)	AK 30	Düsseldorf Dolphins	00:38,00

### **Heat 11/11 (approx. 11:30)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Michel Krüger (M)	AK 45	Düsseldorf Dolphins	00:36,50
Lane 2	Erik Lang (M)	AK 50	Sanitäts-SV HH 1889	00:34,00
Lane 3	Pablo Radici (M)	AK 30	SC Regensburg	00:33,45
Lane 4	Thomas Janssen (M)	AK 55	SG Mülheim	00:33,50
Lane 5	Andreas Thiel (M)	AK 55	SG Niederrhein	00:34,70

## **Event 3 - 200m Individuel Medley**

### **Heat 1/4 (approx. 11:32)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 2	Finn Knie (D) (M)	AK 25	SC Janus Köln	00:00,00
Lane 3	Ferdi Smits (M)	AK 40	GLS Ketelbinkie Rotterdam	03:30,00
Lane 4	Luc Lamberigts (M)	AK 60	Active Company Antwerp	04:00,00

### **Heat 2/4 (approx. 11:36)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 2	Desiree Agterberg (W)	AK 45	Nat Utrecht	03:30,00
Lane 3	Michael Puhl (M)	AK 55	SC Berliner Regenbogenforellen	03:13,35
Lane 4	Joel Schübler (M)	AK 30	Düsseldorf Dolphins	03:20,00

### **Heat 3/4 (approx. 11:41)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Matthias Ladwig (M)	AK 45	Royal Ostend SC	03:05,82
Lane 2	David Smith (M)	AK 35	SC Janus Köln	02:50,00
Lane 3	Ansgar Finken (M)	AK 50	FVV Frankfurt	02:49,50
Lane 4	David Kretschmer (M)	AK 35	SC Janus Köln	02:50,00
Lane 5	Britt Kraaijevanger (W)	AK 30	HHZV Plons	03:00,00

## **still Event 3 - 200m Individuel Medley**

### Heat 4/4 (approx. 11:44)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Christian Helesch (M)	AK 40	SG Mülheim	02:49,00
Lane 2	Gabriel Quenneville (M)	AK 30	Düsseldorf Dolphins	02:35,00
Lane 3	David Roels (M)	AK 40	Active Company Antwerp	02:25,00
Lane 4	Benjamin Beckerle (M)	AK 30	SG Niederrhein	02:32,00
Lane 5	Jerry Grondel (M)	AK 50	HHZV Plons	02:37,56

## **Event 4 - 100m Backstroke**

### Heat 1/6 (approx. 11:48)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Rik Schildkamp (M)	AK 50	AquaNovio Njmegen	04:00,00
Lane 3	Britta Fritz (W)	AK 50	SC Janus Köln	01:58,00
Lane 4	Berend Voorhaar (M)	AK 60	SC AufRuhr Herne	02:20,00

### Heat 2/6 (approx. 11:53)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Michael Pollok (M)	AK 30	Düsseldorf Dolphins	01:50,00
Lane 3	Daniel Thyroke-Gronostay (M)	AK 50	Vorspiel SSL Berlin	01:39,00
Lane 4	Christian Ruhm (M)	AK 50	Düsseldorf Dolphins	01:48,15
Lane 5	Martina Rohr (W)	AK 60	SC AufRuhr Herne	01:50,00

### Heat 3/6 (approx. 11:55)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Andre Pantekoek (M)	AK 65	PSV Eindhoven	01:37,00
Lane 2	Stefan Zanders (M)	AK 60	Düsseldorf Dolphins	01:31,00
Lane 3	Martin Schulze (M)	AK 30	Vorspiel SSL Berlin	01:30,00
Lane 4	Tonnie Thijssen (D) (M)	AK 35	AquaNovio Njmegen	01:30,00
Lane 5	Karin Wilk (W)	AK 65	Düsseldorfer SC	01:36,00

### Heat 4/6 (approx. 11:58)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Hans de Groot (M)	AK 60	Nat Utrecht	01:30,00
Lane 2	David Smith (M)	AK 35	SC Janus Köln	01:25,00
Lane 3	Stephanie Döngel (W)	AK 40	Delphin Ratingen-Lintorf	01:20,87
Lane 4	Reik Helbig (M)	AK 50	FVV Frankfurt	01:24,50
Lane 5	Martin Altmann (M)	AK 30	FVV Frankfurt	01:30,00

### Heat 5/6 (approx. 12:00)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Thomas Helbing (M)	AK 45	Vorspiel SSL Berlin	01:20,45
Lane 2	Nanda van Heteren (W)	AK 30	PSV Masters Zwemmen Eindhoven	01:19,35
Lane 3	Dirk Dorsemagen (M)	AK 50	Vorspiel SSL Berlin	01:17,23
Lane 4	Markus Steinmetz (M)	AK 35	Düsseldorf Dolphins	01:18,00
Lane 5	Remco van der Graaf (M)	AK 35	PSV Masters Zwemmen Eindhoven	01:20,00

## **still Event 4 - 100m Backstroke**

### Heat 6/6 (approx. 12:02)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Christian Helesch (M)	AK 40	SG Mülheim	01:16,00
Lane 2	Petra Spitzbart (W)	AK 55	SG Niederrhein	01:15,83
Lane 3	Stan Dekker (M)	AK 40	HHZV Plons	01:10,20
Lane 4	Eduardo Brito Chacón (M)	AK 30	SC Janus Köln	01:15,00
Lane 5	Norbert Behrend (M)	AK 40	Startschuss Hamburg	01:16,00

## **Event 5 - 50m Freestyle**

### Heat 1/12 (approx. 12:04)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Daniel Daam (M)	AK 30	AquaNovio Njmegen	00:00,00
Lane 2	Bettina Birkelbach (W)	AK 55	SC AufRuhr Herne	02:15,00
Lane 3	Lars Solleveld (M)	AK 25	Nat Utrecht	01:30,00
Lane 4	Eva Lepperhoff (W)	AK 50	Düsseldorf Dolphins	02:00,00
Lane 5	Ralf Kampmann (M)	AK 55	Anstoß Bielefeld	00:00,00

### Heat 2/12 (approx. 12:07)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Anke Goetz (W)	AK 55	Düsseldorf Dolphins	01:00,00
Lane 2	Judith Faul-Burbes (W)	AK 55	FVV Frankfurt	00:50,00
Lane 3	Rebecca Roes (W)	AK 55	Düsseldorfer SC	00:45,70
Lane 4	Claudia Glörfeld (W)	AK 55	SC Janus Köln	00:50,00
Lane 5	Nicola Gudat (W)	AK 55	FVV Frankfurt	00:52,00

### Heat 3/12 (approx. 12:09)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Antonia Staab (W)	AK 20	SC Janus Köln	00:45,00
Lane 2	Ronsch Haase (D) (W)	AK 25	Anstoß Bielefeld	00:43,00
Lane 3	Michael Feldt (M)	AK 35	FVV Frankfurt	00:42,00
Lane 4	Henk Beerten (M)	AK 70	AquaNovio Njmegen	00:43,00
Lane 5	Rob Driessen (M)	AK 60	AquaNovio Njmegen	00:45,00

### Heat 4/12 (approx. 12:10)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Rick Helmich (M)	AK 40	AquaNovio Njmegen	00:41,00
Lane 2	Rosa-Stella Mbulu (W)	AK 45	SC Janus Köln	00:40,00
Lane 3	Martina Rohr (W)	AK 60	SC AufRuhr Herne	00:40,00
Lane 4	Sue Simon (W)	AK 50	SC Janus Köln	00:40,00
Lane 5	Andreas Kammerich (M)	AK 50	Düsseldorf Dolphins	00:41,00

### Heat 5/12 (approx. 12:12)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Markus Willmes (M)	AK 60	SC AufRuhr Herne	00:40,00
Lane 2	Gerzo Ulises Moya Oliveros (M)	AK 30	SC Janus Köln	00:40,00
Lane 3	Jordan Francis (M)	AK 20	SC Janus Köln	00:38,00
Lane 4	Lina Strotmann (W)	AK 20	Anstoß Bielefeld	00:38,52
Lane 5	Enrico Gatz (M)	AK 45	FVV Frankfurt	00:40,00



## **still Event 5 - 50m Freestyle**

### Heat 6/12 (approx. 12:13)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Pim Kool (M)	AK 45	Nat Utrecht	00:37,00
Lane 2	Bárbara Varga-Machuca (W)	AK 30	SC Janus Köln	00:37,00
Lane 3	Dominik Lellek (M)	AK 35	FVV Frankfurt	00:35,00
Lane 4	Alexander Gerber (M)	AK 45	FVV Frankfurt	00:35,10
Lane 5	Ulf Kohlbecher (M)	AK 50	Düsseldorf Dolphins	00:37,00

### Heat 7/12 (approx. 12:14)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Martin Altmann (M)	AK 30	FVV Frankfurt	00:35,00
Lane 2	Lukas Wegmann (M)	AK 30	Anstoß Bielefeld	00:34,00
Lane 3	Ulrich Garlt (M)	AK 60	Vorspiel SSL Berlin	00:33,70
Lane 4	Rob Wieleman (M)	AK 60	Nat Utrecht	00:34,00
Lane 5	Cristian Di Biase (M)	AK 25	Düsseldorfer SC	00:35,00

### Heat 8/12 (approx. 12:16)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Rene Cofre Baeza (M)	AK 45	SV Eidelstedt	00:33,56
Lane 2	Henrik Sie (M)	AK 35	SC AufRuhr Herne	00:33,00
Lane 3	Lars Heuser (M)	AK 50	FVV Frankfurt	00:33,00
Lane 4	Robert Zandee (M)	AK 45	GLS Ketelbinkie Rotterdam	00:33,00
Lane 5	Buck Broker (M)	AK 65	Vorspiel SSL Berlin	00:33,50

### Heat 9/12 (approx. 12:17)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Adriaan Kop (M)	AK 60	Old Dutch Breda	00:32,29
Lane 2	John Reichel (M)	AK 60	Sanitäts-SV HH 1889	00:31,50
Lane 3	Silke Heuser (W)	AK 50	FVV Frankfurt	00:31,00
Lane 4	Martin Oosters (M)	AK 50	GLS Ketelbinkie Rotterdam	00:31,00
Lane 5	Eike Bahr (M)	AK 25	Düsseldorf Dolphins	00:32,00

### Heat 10/12 (approx. 12:18)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Britt Kraaijevanger (W)	AK 30	HHZV Plons	00:31,00
Lane 2	Petra Spitzbart (W)	AK 55	SG Niederrhein	00:30,80
Lane 3	Jeroen van Brakel (M)	AK 30	GLS Ketelbinkie Rotterdam	00:30,00
Lane 4	Hans van de Ven (M)	AK 60	AquaNovio Nijmegen	00:30,00
Lane 5	Manuel Grote (M)	AK 35	FVV Frankfurt	00:31,00

### Heat 11/12 (approx. 12:20)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Ivo Kokje (M)	AK 55	Nat Utrecht	00:30,00
Lane 2	Florian Grieger (M)	AK 45	ASV Sankt Augustin	00:29,91
Lane 3	Gerwin Schoeman (M)	AK 40	AquaNovio Nijmegen	00:29,50
Lane 4	Markus Steinmetz (M)	AK 35	Düsseldorf Dolphins	00:29,90
Lane 5	Erik Lang (M)	AK 50	Sanitäts-SV HH 1889	00:30,00

## **still Event 5 - 50m Freestyle**

### **Heat 12/12 (approx. 12:21 )**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Martin Sturm (M)	AK 40	Vorspiel SSL Berlin	00:29,50
Lane 2	Andreas Thiel (M)	AK 55	SG Niederrhein	00:29,26
Lane 3	Pablo Radici (M)	AK 30	SC Regensburg	00:26,75
Lane 4	Thomas Janssen (M)	AK 55	SG Mülheim	00:27,80
Lane 5	Remco van der Graaf (M)	AK 35	PSV Masters Zwemmen Eindhoven	00:29,45

## **Event 6 - 100m Butterfly**

### **Heat 1/3 (approx. 12:22 )**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Alexandra Flesch (W)	AK 50	Delphin Ratingen-Lintorf	01:40,00
Lane 3	Andreas Biesterfeld-Kuhn (M)	AK 45	Düsseldorf Dolphins	01:27,00
Lane 4	Matthias Ladwig (M)	AK 45	Royal Ostend SC	01:28,87

### **Heat 2/3 (approx. 12:25 )**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Michael Puhl (M)	AK 55	SC Berliner Regenbogenforellen	01:26,91
Lane 2	David Kretschmer (M)	AK 35	SC Janus Köln	01:20,00
Lane 3	Martin Schulze (M)	AK 30	Vorspiel SSL Berlin	01:17,94
Lane 4	Michel Krüger (M)	AK 45	Düsseldorf Dolphins	01:19,50
Lane 5	Lukas Wegmann (M)	AK 30	Anstoß Bielefeld	01:24,00

### **Heat 3/3 (approx. 12:27 )**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Christian Helesch (M)	AK 40	SG Mülheim	01:15,00
Lane 2	Svet Gavrilov (M)	AK 45	GLS Ketelbinkie Rotterdam	01:15,00
Lane 3	Ragnar Stermann (M)	AK 55	SG Mülheim	01:06,50
Lane 4	Eduardo Brito Chacón (M)	AK 30	SC Janus Köln	01:14,89
Lane 5	David Smith (M)	AK 35	SC Janus Köln	01:15,00

## **Event 7 - 200m Freestyle**

### **Heat 1/7 (approx. 12:29 )**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Daniel Daam (M)	AK 30	AquaNovio Njmegen	00:00,00
Lane 3	Nicola Gudat (W)	AK 55	FVV Frankfurt	03:55,00
Lane 4	Judith Faul-Burbes (W)	AK 55	FVV Frankfurt	06:00,00
Lane 5	Finn Knie (D) (M)	AK 25	SC Janus Köln	00:00,00

### **Heat 2/7 (approx. 12:35 )**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Henk Beerten (M)	AK 70	AquaNovio Njmegen	03:50,00
Lane 2	Markus Willmes (M)	AK 60	SC AufRuhr Herne	03:30,00
Lane 3	Nicole Denz (W)	AK 50	FVV Frankfurt	03:25,00
Lane 4	Britta Fritz (W)	AK 50	SC Janus Köln	03:29,00
Lane 5	Luc Lamberigts (M)	AK 60	Active Company Antwerp	03:30,00

## still Event 7 - 200m Freestyle

### Heat 3/7 (approx. 12:40)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Kirsten Stamer (W)	AK 60	SC Janus Köln	03:17,99
Lane 2	Frank Bunte (M)	AK 55	GLS Ketelbinkie Rotterdam	03:15,00
Lane 3	Christina Popma (W)	AK 45	HHZV Plons	03:06,00
Lane 4	Desiree Agterberg (W)	AK 45	Nat Utrecht	03:10,00
Lane 5	Andre Pantekoek (M)	AK 65	PSV Eindhoven	03:15,00

### Heat 4/7 (approx. 12:44)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Stefan van der Zande (M)	AK 35	Old Dutch Breda	03:00,00
Lane 2	Britt Kraaijevanger (W)	AK 30	HHZV Plons	02:50,00
Lane 3	Rene Cofre Baeza (M)	AK 45	SV Eidelstedt	02:47,02
Lane 4	Elke Roovers (W)	AK 35	Nat Utrecht	02:50,00
Lane 5	Henrik Sie (M)	AK 35	SC AufRuhr Herne	03:00,00

### Heat 5/7 (approx. 12:48)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Andreas Biesterfeld-Kuhn (M)	AK 45	Düsseldorf Dolphins	02:45,00
Lane 2	Ulrich Garlt (M)	AK 60	Vorspiel SSL Berlin	02:44,80
Lane 3	John Reichel (M)	AK 60	Sanitäts-SV HH 1889	02:40,00
Lane 4	Buck Broker (M)	AK 65	Vorspiel SSL Berlin	02:44,30
Lane 5	Cristian Di Biase (M)	AK 25	Düsseldorfer SC	02:45,00

### Heat 6/7 (approx. 12:51)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Reik Helbig (M)	AK 50	FVV Frankfurt	02:37,50
Lane 2	Erik Lang (M)	AK 50	Sanitäts-SV HH 1889	02:29,00
Lane 3	Gerwin Schoeman (M)	AK 40	AquaNovio Njmegen	02:27,00
Lane 4	Nanda van Heteren (W)	AK 30	PSV Masters Zwemmen Eindhoven	02:27,52
Lane 5	Thomas Helbing (M)	AK 45	Vorspiel SSL Berlin	02:31,40

### Heat 7/7 (approx. 12:55)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Jerry Grondel (M)	AK 50	HHZV Plons	02:22,09
Lane 2	Benjamin Beckerle (M)	AK 30	SG Niederrhein	02:19,00
Lane 3	David Roels (M)	AK 40	Active Company Antwerp	02:15,00
Lane 4	Gabriel Quenneville (M)	AK 30	Düsseldorf Dolphins	02:19,00
Lane 5	Gerzo Ulises Moya Oliveros (M)	AK 30	SC Janus Köln	02:20,00

## Event 8 - 4x50m Individual Medley

### Heat 1/3 (approx. 13:03)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	3. Mannschaft / Team (M)	160+	Düsseldorf Dolphins	03:15,00
Lane 3	1. Mannschaft / Team (M)	200+	SC AufRuhr Herne	02:58,00
Lane 4	1. Mannschaft / Team (W)	200+	FVV Frankfurt	03:00,00

## **still Event 8 - 4x50m Individuel Medley**

### Heat 2/3 (approx. 13:07)

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	1. Mannschaft / Team (M)	200+	AquaNovio Njmegen	02:55,00
Lane 2	1. Mannschaft / Team (M)	120+	SC Janus Köln	02:40,00
Lane 3	1. Mannschaft / Team (M)	200+	FVV Frankfurt	02:35,00
Lane 4	2. Mannschaft / Team (M)	160+	Düsseldorf Dolphins	02:40,00
Lane 5	1. Mannschaft / Team (W)	160+	SC Janus Köln	02:40,00

### Heat 3/3 (approx. 13:10)

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	1. Mannschaft / Team (M)	120+	FVV Frankfurt	02:30,00
Lane 2	1. Mannschaft / Team (M)	160+	AquaNovio Njmegen	02:25,00
Lane 3	1. Mannschaft / Team (M)	120+	Düsseldorf Dolphins	02:15,00
Lane 4	1. Mannschaft / Team (M)	200+	Vorspiel SSL Berlin	02:24,80
Lane 5	1. Mannschaft / Team (M)	160+	GLS Ketelbinkie Rotterdam	02:32,00

## **Session 2 - Saturday 01.04.2023**

Entrance: 13:15 | Warmup: 13:15 | Officialssitzung: 13:30  
Beginning: 14:00

### **Eventlist Session 2**

Event 9 - 4x50m Freestyle mixed (2 Heats) (approx. 14:00 )  
Event 10 - 100m Individuel Medley (8 Heats) (approx. 14:10 )  
Event 11 - 50m Backstroke (8 Heats) (approx. 14:28 )  
Event 12 - 200m Breaststroke (4 Heats) (approx. 14:41 )  
Event 13 - 100m Freestyle (12 Heats) (approx. 15:00 )  
Event 14 - 50m Butterfly (7 Heats) (approx. 15:28 )  
Event 15 - 100m Breaststroke (7 Heats) (approx. 15:40 )  
Event 16 - 4x50m Freestyle (3 Heats) (approx. 16:07 )  
Sessionsende (approx. 16:18 )

### **Event 9 - 4x50m Freestyle mixed**

#### Heat 1/2 (approx. 14:00)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	1. Mannschaft / Team (X)	200+	Nat Utrecht	00:00,00
Lane 3	1. Mannschaft / Team (X)	200+	SC AufRuhr Herne	02:50,00
Lane 4	1. Mannschaft / Team (X)	200+	Düsseldorf Dolphins	02:55,00

#### Heat 2/2 (approx. 14:03)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	1. Mannschaft / Team (X)	160+	SC Janus Köln	02:40,00
Lane 2	1. Mannschaft / Team (X)	120+	SC Janus Köln	02:40,00
Lane 3	1. Mannschaft / Team (X)	160+	HHZV Plons	02:18,50
Lane 4	1. Mannschaft / Team (X)	160+	FVV Frankfurt	02:25,00
Lane 5	1. Mannschaft / Team (X)	200+	FVV Frankfurt	02:40,00

### **Event 10 - 100m Individuel Medley**

#### Heat 1/8 (approx. 14:10)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Daniel Thyroke-Gronostay (M)	AK 50	Vorspiel SSL Berlin	00:00,00
Lane 3	Claudia Glörfeld (W)	AK 55	SC Janus Köln	01:56,00
Lane 4	Berend Voorhaar (M)	AK 60	SC AufRuhr Herne	02:00,00
Lane 5	Finn Knie (D) (M)	AK 25	SC Janus Köln	00:00,00

#### Heat 2/8 (approx. 14:12)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Ronsch Haase (D) (W)	AK 25	Anstoß Bielefeld	01:50,00
Lane 2	Martina Rohr (W)	AK 60	SC AufRuhr Herne	01:50,00
Lane 3	Jörg Nottenkämper (M)	AK 50	SC AufRuhr Herne	01:40,00
Lane 4	Christian Ruhm (M)	AK 50	Düsseldorf Dolphins	01:43,42
Lane 5	Eike Bahr (M)	AK 25	Düsseldorf Dolphins	01:50,00

## **still Event 10 - 100m Individuel Medley**

### Heat 3/8 (approx. 14:15)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Rob Wieleman (M)	AK 60	Nat Utrecht	01:34,00
Lane 2	Henrik Sie (M)	AK 35	SC AufRuhr Herne	01:33,00
Lane 3	Martin Schulze (M)	AK 30	Vorspiel SSL Berlin	01:30,00
Lane 4	Matthieu Fraissinet-Tachet (M)	AK 30	SC Berliner Regenbogenforellen	01:31,00
Lane 5	Mathijs Irik (M)	AK 45	Nat Utrecht	01:33,35

### Heat 4/8 (approx. 14:17)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Tim Zwanikken (M)	AK 60	AquaNovio Njmegen	01:27,00
Lane 2	Matthias Ladwig (M)	AK 45	Royal Ostend SC	01:24,41
Lane 3	Robert Zandee (M)	AK 45	GLS Ketelbinkie Rotterdam	01:24,00
Lane 4	Lukas Wegmann (M)	AK 30	Anstoß Bielefeld	01:24,00
Lane 5	Ivo Kokje (M)	AK 55	Nat Utrecht	01:25,00

### Heat 5/8 (approx. 14:19)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	John Reichel (M)	AK 60	Sanitäts-SV HH 1889	01:24,00
Lane 2	Norbert Behrend (M)	AK 40	Startschuss Hamburg	01:23,00
Lane 3	Joel Schübler (M)	AK 30	Düsseldorf Dolphins	01:22,00
Lane 4	Ulrich Garlt (M)	AK 60	Vorspiel SSL Berlin	01:22,90
Lane 5	Cristian Di Biase (M)	AK 25	Düsseldorfer SC	01:23,00

### Heat 6/8 (approx. 14:22)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Florian Grieger (M)	AK 45	ASV Sankt Augustin	01:21,82
Lane 2	David Smith (M)	AK 35	SC Janus Köln	01:20,00
Lane 3	Michel Krüger (M)	AK 45	Düsseldorf Dolphins	01:19,50
Lane 4	David Kretschmer (M)	AK 35	SC Janus Köln	01:20,00
Lane 5	Frederik Vogel (M)	AK 25	SC Janus Köln	01:20,00

### Heat 7/8 (approx. 14:24)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Thomas Helbing (M)	AK 45	Vorspiel SSL Berlin	01:17,50
Lane 2	Dirk Dorsemagen (M)	AK 50	Vorspiel SSL Berlin	01:15,58
Lane 3	Jerry Grondel (M)	AK 50	HHZV Plons	01:11,81
Lane 4	Ansgar Finken (M)	AK 50	FVV Frankfurt	01:14,50
Lane 5	Petra Spitzbart (W)	AK 55	SG Niederrhein	01:17,34

### Heat 8/8 (approx. 14:26)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Stan Dekker (M)	AK 40	HHZV Plons	01:10,81
Lane 2	Benjamin Beckerle (M)	AK 30	SG Niederrhein	01:09,00
Lane 3	David Roels (M)	AK 40	Active Company Antwerp	01:05,00
Lane 4	Pablo Radici (M)	AK 30	SC Regensburg	01:07,67
Lane 5	Thomas Janssen (M)	AK 55	SG Mülheim	01:10,50

## **Event 11 - 50m Backstroke**

### **Heat 1/8 (approx. 14:28 )**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 2	Lars Solleveld (M)	AK 25	Nat Utrecht	02:30,00
Lane 3	Rik Schildkamp (M)	AK 50	AquaNovio Njmegen	01:40,00
Lane 4	Eva Lepperhoff (W)	AK 50	Düsseldorf Dolphins	02:00,00

### **Heat 2/8 (approx. 14:31 )**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 2	Jörg Nottenkämper (M)	AK 50	SC AufRuhr Herne	01:00,00
Lane 3	Berend Voorhaar (M)	AK 60	SC AufRuhr Herne	00:54,50
Lane 4	Britta Fritz (W)	AK 50	SC Janus Köln	00:55,00
Lane 5	Judith Faul-Burbes (W)	AK 55	FVV Frankfurt	01:00,00

### **Heat 3/8 (approx. 14:33 )**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Rebecca Roes (W)	AK 55	Düsseldorfer SC	00:53,70
Lane 2	Sue Simon (W)	AK 50	SC Janus Köln	00:50,00
Lane 3	Alexandra Flesch (W)	AK 50	Delphin Ratingen-Lintorf	00:47,00
Lane 4	Rosa-Stella Mbulu (W)	AK 45	SC Janus Köln	00:50,00
Lane 5	Andreas Kammerich (M)	AK 50	Düsseldorf Dolphins	00:53,00

### **Heat 4/8 (approx. 14:34 )**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Buck Broker (M)	AK 65	Vorspiel SSL Berlin	00:45,70
Lane 2	Ulf Kohlbecher (M)	AK 50	Düsseldorf Dolphins	00:45,00
Lane 3	Andre Pantekoek (M)	AK 65	PSV Eindhoven	00:44,00
Lane 4	Daniel Thyroke-Gronostay (M)	AK 50	Vorspiel SSL Berlin	00:44,50
Lane 5	Gerzo Ulises Moya Oliveros (M)	AK 30	SC Janus Köln	00:45,00

### **Heat 5/8 (approx. 14:36 )**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Karin Wilk (W)	AK 65	Düsseldorfer SC	00:44,00
Lane 2	Michael Puhl (M)	AK 55	SC Berliner Regenbogenforellen	00:40,07
Lane 3	Stefan Zanders (M)	AK 60	Düsseldorf Dolphins	00:40,00
Lane 4	Hans de Groot (M)	AK 60	Nat Utrecht	00:40,00
Lane 5	Lina Strotmann (W)	AK 20	Anstoß Bielefeld	00:42,52

### **Heat 6/8 (approx. 14:37 )**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Martin Altmann (M)	AK 30	FVV Frankfurt	00:40,00
Lane 2	Eike Bahr (M)	AK 25	Düsseldorf Dolphins	00:40,00
Lane 3	Britt Kraaijevanger (W)	AK 30	HHZV Plons	00:38,00
Lane 4	Adriaan Kop (M)	AK 60	Old Dutch Breda	00:38,67
Lane 5	Tonnie Thijssen (D) (M)	AK 35	AquaNovio Njmegen	00:40,00

## **still Event 11 - 50m Backstroke**

### Heat 7/8 (approx. 14:39)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Michel Krüger (M)	AK 45	Düsseldorf Dolphins	00:37,00
Lane 2	Stephanie Düngel (W)	AK 40	Delphin Ratingen-Lintorf	00:36,68
Lane 3	Nanda van Heteren (W)	AK 30	PSV Masters Zwemmen Eindhoven	00:36,04
Lane 4	Eduardo Brito Chacón (M)	AK 30	SC Janus Köln	00:36,21
Lane 5	Remco van der Graaf (M)	AK 35	PSV Masters Zwemmen Eindhoven	00:37,00

### Heat 8/8 (approx. 14:40)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Petra Spitzbart (W)	AK 55	SG Niederrhein	00:35,73
Lane 2	Christian Helesch (M)	AK 40	SG Mülheim	00:34,00
Lane 3	Ragnar Stermann (M)	AK 55	SG Mülheim	00:31,00
Lane 4	Gabriel Quenneville (M)	AK 30	Düsseldorf Dolphins	00:32,00
Lane 5	Martin Oosters (M)	AK 50	GLS Ketelbinkie Rotterdam	00:35,00

## **Event 12 - 200m Breaststroke**

### Heat 1/4 (approx. 14:41)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Ina Manthey (W)	AK 55	FVV Frankfurt	04:33,00
Lane 3	Rainer Siekmeier (M)	AK 60	FVV Frankfurt	04:12,00
Lane 4	Martina Rohr (W)	AK 60	SC AufRuhr Herne	04:30,00
Lane 5	George Kardaras (M)	AK 50	Alfa Athens	00:00,00

### Heat 2/4 (approx. 14:47)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Andre Pantekoek (M)	AK 65	PSV Eindhoven	04:10,00
Lane 2	Mikael Björk (M)	AK 60	Stockholm Dolphins	03:55,00
Lane 3	Volker Kassing (M)	AK 55	SC AufRuhr Herne	03:50,00
Lane 4	Desiree Agterberg (W)	AK 45	Nat Utrecht	03:50,00
Lane 5	Enrico Gatz (M)	AK 45	FVV Frankfurt	04:00,00

### Heat 3/4 (approx. 14:52)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Christina Popma (W)	AK 45	HHZV Plons	03:32,00
Lane 2	Nanda van Heteren (W)	AK 30	PSV Masters Zwemmen Eindhoven	03:14,37
Lane 3	Rick Helmich (M)	AK 40	AquaNovio Nijmegen	03:09,53
Lane 4	Matthias Ladwig (M)	AK 45	Royal Ostend SC	03:12,78
Lane 5	Rosa-Stella Mbulu (W)	AK 45	SC Janus Köln	03:20,00

### Heat 4/4 (approx. 14:56)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Martin Sturm (M)	AK 40	Vorspiel SSL Berlin	03:04,00
Lane 2	Erik Lang (M)	AK 50	Sanitäts-SV HH 1889	02:46,00
Lane 3	Jerry Grondel (M)	AK 50	HHZV Plons	02:34,35
Lane 4	David Roels (M)	AK 40	Active Company Antwerp	02:38,00
Lane 5	Andreas Thiel (M)	AK 55	SG Niederrhein	02:50,99



## Event 13 - 100m Freestyle

### Heat 1/12 (approx. 15:00)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Daniel Daam (M)	AK 30	AquaNovio Njmegen	00:00,00
Lane 3	Rik Schildkamp (M)	AK 50	AquaNovio Njmegen	03:30,00
Lane 4	Finn Knie (D) (M)	AK 25	SC Janus Köln	00:00,00

### Heat 2/12 (approx. 15:04)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Barbara Oenning (W)	AK 55	SC Janus Köln	02:30,00
Lane 3	Henk Beerten (M)	AK 70	AquaNovio Njmegen	01:55,00
Lane 4	Judith Faul-Burbes (W)	AK 55	FVV Frankfurt	02:00,00

### Heat 3/12 (approx. 15:07)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Nicola Gudat (W)	AK 55	FVV Frankfurt	01:46,12
Lane 2	Michael Pollok (M)	AK 30	Düsseldorf Dolphins	01:40,00
Lane 3	Nicole Denz (W)	AK 50	FVV Frankfurt	01:35,00
Lane 4	Markus Willmes (M)	AK 60	SC AufRuhr Herne	01:40,00
Lane 5	Britta Fritz (W)	AK 50	SC Janus Köln	01:40,00

### Heat 4/12 (approx. 15:10)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Christina Popma (W)	AK 45	HHZV Plons	01:35,00
Lane 2	Antonia Staab (W)	AK 20	SC Janus Köln	01:30,00
Lane 3	Kirsten Stamer (W)	AK 60	SC Janus Köln	01:28,00
Lane 4	Berend Voorhaar (M)	AK 60	SC AufRuhr Herne	01:30,00
Lane 5	Stefan van der Zande (M)	AK 35	Old Dutch Breda	01:30,00

### Heat 5/12 (approx. 15:12)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Andre Pantekoek (M)	AK 65	PSV Eindhoven	01:25,00
Lane 2	Alexander Gerber (M)	AK 45	FVV Frankfurt	01:20,10
Lane 3	Volker Kassing (M)	AK 55	SC AufRuhr Herne	01:20,00
Lane 4	Rob Wieleman (M)	AK 60	Nat Utrecht	01:20,00
Lane 5	Frank Bunte (M)	AK 55	GLS Ketelbinkie Rotterdam	01:22,00

### Heat 6/12 (approx. 15:14)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Gerzo Ulises Moya Oliveros (M)	AK 30	SC Janus Köln	01:20,00
Lane 2	Bárbara Varga-Machuca (W)	AK 30	SC Janus Köln	01:20,00
Lane 3	Henrik Sie (M)	AK 35	SC AufRuhr Herne	01:18,00
Lane 4	Jordan Francis (M)	AK 20	SC Janus Köln	01:18,00
Lane 5	Martin Altmann (M)	AK 30	FVV Frankfurt	01:20,00

## **still Event 13 - 100m Freestyle**

### Heat 7/12 (approx. 15:16)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Elke Roovers (W)	AK 35	Nat Utrecht	01:16,00
Lane 2	Dominik Lellek (M)	AK 35	FVV Frankfurt	01:15,00
Lane 3	Britt Kraaijevanger (W)	AK 30	HHZV Plons	01:15,00
Lane 4	Lukas Wegmann (M)	AK 30	Anstoß Bielefeld	01:15,00
Lane 5	Lars Heuser (M)	AK 50	FVV Frankfurt	01:16,00

### Heat 8/12 (approx. 15:18)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Rene Cofre Baeza (M)	AK 45	SV Eidelstedt	01:14,42
Lane 2	Tim Zwanikken (M)	AK 60	AquaNovio Njmegen	01:14,00
Lane 3	Andreas Biesterfeld-Kuhn (M)	AK 45	Düsseldorf Dolphins	01:13,00
Lane 4	Buck Broker (M)	AK 65	Vorspiel SSL Berlin	01:13,60
Lane 5	Martin Schulze (M)	AK 30	Vorspiel SSL Berlin	01:14,00

### Heat 9/12 (approx. 15:20)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Frederik Vogel (M)	AK 25	SC Janus Köln	01:12,00
Lane 2	Adriaan Kop (M)	AK 60	Old Dutch Breda	01:11,50
Lane 3	Martin Oosters (M)	AK 50	GLS Ketelbinkie Rotterdam	01:10,00
Lane 4	John Reichel (M)	AK 60	Sanitäts-SV HH 1889	01:11,00
Lane 5	Remco van der Graaf (M)	AK 35	PSV Masters Zwemmen Eindhoven	01:12,00

### Heat 10/12 (approx. 15:22)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Florian Grieger (M)	AK 45	ASV Sankt Augustin	01:09,69
Lane 2	Petra Spitzbart (W)	AK 55	SG Niederrhein	01:07,51
Lane 3	David Kretschmer (M)	AK 35	SC Janus Köln	01:06,00
Lane 4	Reik Helbig (M)	AK 50	FVV Frankfurt	01:07,50
Lane 5	Cristian Di Biase (M)	AK 25	Düsseldorfer SC	01:08,00

### Heat 11/12 (approx. 15:24)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Markus Steinmetz (M)	AK 35	Düsseldorf Dolphins	01:06,00
Lane 2	Gerwin Schoeman (M)	AK 40	AquaNovio Njmegen	01:05,00
Lane 3	Eduardo Brito Chacón (M)	AK 30	SC Janus Köln	01:03,47
Lane 4	Svet Gavrilo (M)	AK 45	GLS Ketelbinkie Rotterdam	01:05,00
Lane 5	Dirk Dorsemagen (M)	AK 50	Vorspiel SSL Berlin	01:05,76

### Heat 12/12 (approx. 15:26)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Jerry Grondel (M)	AK 50	HHZV Plons	01:02,49
Lane 2	Stan Dekker (M)	AK 40	HHZV Plons	01:01,96
Lane 3	Ragnar Stermann (M)	AK 55	SG Mülheim	00:59,80
Lane 4	Thomas Janssen (M)	AK 55	SG Mülheim	01:00,00
Lane 5	Gabriel Quenneville (M)	AK 30	Düsseldorf Dolphins	01:02,00

## **Event 14 - 50m Butterfly**

### **Heat 1/7 (approx. 15:28)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Lars Solleveld (M)	AK 25	Nat Utrecht	03:00,00
Lane 2	Nicola Gudat (W)	AK 55	FVV Frankfurt	01:00,00
Lane 3	Nicole Denz (W)	AK 50	FVV Frankfurt	00:50,00
Lane 4	Antonia Staab (W)	AK 20	SC Janus Köln	00:55,00
Lane 5	Rebecca Roes (W)	AK 55	Düsseldorfer SC	01:01,40

### **Heat 2/7 (approx. 15:32)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Sue Simon (W)	AK 50	SC Janus Köln	00:50,00
Lane 2	Alexandra Flesch (W)	AK 50	Delphin Ratingen-Lintorf	00:46,00
Lane 3	Bárbara Varga-Machuca (W)	AK 30	SC Janus Köln	00:45,00
Lane 4	Pim Kool (M)	AK 45	Nat Utrecht	00:46,00
Lane 5	Christian Ruhm (M)	AK 50	Düsseldorf Dolphins	00:48,46

### **Heat 3/7 (approx. 15:33)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Stefan Zanders (M)	AK 60	Düsseldorf Dolphins	00:43,00
Lane 2	Hans de Groot (M)	AK 60	Nat Utrecht	00:42,00
Lane 3	Matthias Ladwig (M)	AK 45	Royal Ostend SC	00:39,77
Lane 4	Alexander Gerber (M)	AK 45	FVV Frankfurt	00:41,10
Lane 5	Mathijs Irik (M)	AK 45	Nat Utrecht	00:42,56

### **Heat 4/7 (approx. 15:35)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Matthieu Fraissinet-Tachet (M)	AK 30	SC Berliner Regenbogenforellen	00:38,00
Lane 2	Lukas Wegmann (M)	AK 30	Anstoß Bielefeld	00:37,00
Lane 3	Remco van der Graaf (M)	AK 35	PSV Masters Zwemmen Eindhoven	00:36,36
Lane 4	Ivo Kokje (M)	AK 55	Nat Utrecht	00:36,40
Lane 5	Michael Puhl (M)	AK 55	SC Berliner Regenbogenforellen	00:37,20

### **Heat 5/7 (approx. 15:36)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Ulrich Garlt (M)	AK 60	Vorspiel SSL Berlin	00:36,10
Lane 2	Andreas Biesterfeld-Kuhn (M)	AK 45	Düsseldorf Dolphins	00:36,00
Lane 3	Stephanie Döngel (W)	AK 40	Delphin Ratingen-Lintorf	00:35,66
Lane 4	Martin Sturm (M)	AK 40	Vorspiel SSL Berlin	00:36,00
Lane 5	Frederik Vogel (M)	AK 25	SC Janus Köln	00:36,00

### **Heat 6/7 (approx. 15:37)**

<b>Lane</b>	<b>Swimmer(in)</b>	<b>Yob</b>	<b>Club</b>	<b>Entrytime</b>
Lane 1	Florian Grieger (M)	AK 45	ASV Sankt Augustin	00:35,33
Lane 2	Thomas Helbing (M)	AK 45	Vorspiel SSL Berlin	00:34,20
Lane 3	Michel Krüger (M)	AK 45	Düsseldorf Dolphins	00:32,50
Lane 4	Hans van de Ven (M)	AK 60	AquaNovio Njmegen	00:34,00
Lane 5	Joel Schübler (M)	AK 30	Düsseldorf Dolphins	00:35,00

## **still Event 14 - 50m Butterfly**

### **Heat 7/7 (approx. 15:39)**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Christian Helesch (M)	AK 40	SG Mülheim	00:32,00
Lane 2	David Smith (M)	AK 35	SC Janus Köln	00:30,00
Lane 3	Pablo Radici (M)	AK 30	SC Regensburg	00:29,78
Lane 4	Ragnar Stermann (M)	AK 55	SG Mülheim	00:29,80
Lane 5	Eduardo Brito Chacón (M)	AK 30	SC Janus Köln	00:31,26

## **Event 15 - 100m Breaststroke**

### **Heat 1/7 (approx. 15:40)**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 2	Gregor Gehrig (M)	AK 30	SC AufRuhr Herne	00:00,00
Lane 3	Eva Lepperhoff (W)	AK 50	Düsseldorf Dolphins	05:00,00
Lane 4	George Kardaras (M)	AK 50	Alfa Athens	00:00,00
Lane 5	Jutta Büschkes (W)	AK 55	SC AufRuhr Herne	00:00,00

### **Heat 2/7 (approx. 15:46)**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Uwe Kopacz (M)	AK 65	Startschuss Hamburg	04:00,00
Lane 2	Bettina Koch (W)	AK 40	SC AufRuhr Herne	02:45,00
Lane 3	Ronsch Haase (D) (W)	AK 25	Anstoß Bielefeld	02:05,00
Lane 4	Ina Manthey (W)	AK 55	FVV Frankfurt	02:10,00
Lane 5	Barbara Oenning (W)	AK 55	SC Janus Köln	03:00,00

### **Heat 3/7 (approx. 15:50)**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Rainer Siekmeier (M)	AK 60	FVV Frankfurt	01:57,00
Lane 2	Jörg Nottenkämper (M)	AK 50	SC AufRuhr Herne	01:55,00
Lane 3	Rob Driessen (M)	AK 60	AquaNovio Njmegen	01:48,00
Lane 4	Enrico Gatz (M)	AK 45	FVV Frankfurt	01:50,00
Lane 5	Mikael Björk (M)	AK 60	Stockholm Dolphins	01:55,00

### **Heat 4/7 (approx. 15:53)**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Volker Kassing (M)	AK 55	SC AufRuhr Herne	01:45,00
Lane 2	Christina Popma (W)	AK 45	HHZV Plons	01:40,00
Lane 3	Ferdi Smits (M)	AK 40	GLS Ketelbinkie Rotterdam	01:40,00
Lane 4	Rosa-Stella Mbulu (W)	AK 45	SC Janus Köln	01:40,00
Lane 5	Christian Lappen (M)	AK 50	Düsseldorf Dolphins	01:43,00

### **Heat 5/7 (approx. 15:56)**

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Thomas Naguschewski (M)	AK 55	SC AufRuhr Herne	01:39,00
Lane 2	Norbert Behrend (M)	AK 40	Startschuss Hamburg	01:30,00
Lane 3	Frederik Vogel (M)	AK 25	SC Janus Köln	01:28,00
Lane 4	Joel Schübler (M)	AK 30	Düsseldorf Dolphins	01:28,00
Lane 5	Tim Zwanikken (M)	AK 60	AquaNovio Njmegen	01:33,00

## **still Event 15 - 100m Breaststroke**

### Heat 6/7 (approx. 15:58)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Rick Helmich (M)	AK 40	AquaNovio Njmegen	01:25,36
Lane 2	Ansgar Finken (M)	AK 50	FVV Frankfurt	01:23,50
Lane 3	Svet Gavrilov (M)	AK 45	GLS Ketelbinkie Rotterdam	01:20,00
Lane 4	Martin Sturm (M)	AK 40	Vorspiel SSL Berlin	01:23,00
Lane 5	Manuel Grote (M)	AK 35	FVV Frankfurt	01:24,00

### Heat 7/7 (approx. 16:00)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	Andreas Thiel (M)	AK 55	SG Niederrhein	01:16,44
Lane 2	Pablo Radici (M)	AK 30	SC Regensburg	01:13,67
Lane 3	David Roels (M)	AK 40	Active Company Antwerp	01:10,00
Lane 4	Erik Lang (M)	AK 50	Sanitäts-SV HH 1889	01:13,00
Lane 5	Eike Bahr (M)	AK 25	Düsseldorf Dolphins	01:15,00

## **Event 16 - 4x50m Freestyle**

### Heat 1/3 (approx. 16:07)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	1. Mannschaft / Team (M)	160+	Nat Utrecht	00:00,00
Lane 2	1. Mannschaft / Team (W)	200+	FVV Frankfurt	03:10,00
Lane 3	1. Mannschaft / Team (M)	200+	SC AufRuhr Herne	02:54,00
Lane 4	1. Mannschaft / Team (M)	160+	AquaNovio Njmegen	03:00,00
Lane 5	1. Mannschaft / Team (W)	200+	SC AufRuhr Herne	03:50,00

### Heat 2/3 (approx. 16:12)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	1. Mannschaft / Team (M)	100+	SC Janus Köln	02:40,00
Lane 2	3. Mannschaft / Team (M)	200+	Düsseldorf Dolphins	02:40,00
Lane 3	1. Mannschaft / Team (M)	160+	FVV Frankfurt	02:35,00
Lane 4	2. Mannschaft / Team (M)	160+	Düsseldorf Dolphins	02:40,00
Lane 5	1. Mannschaft / Team (W)	200+	SC Janus Köln	02:40,00

### Heat 3/3 (approx. 16:15)

Lane	Swimmer(in)	Yob	Club	Entrytime
Lane 1	1. Mannschaft / Team (M)	200+	GLS Ketelbinkie Rotterdam	02:11,00
Lane 2	1. Mannschaft / Team (M)	200+	AquaNovio Njmegen	02:05,00
Lane 3	1. Mannschaft / Team (M)	120+	Düsseldorf Dolphins	01:58,00
Lane 4	1. Mannschaft / Team (M)	160+	Vorspiel SSL Berlin	01:59,80
Lane 5	1. Mannschaft / Team (M)	120+	FVV Frankfurt	02:10,00