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International Masters Swimming Competition "Düssel-Cup 2026"



on March 28, 2026



Announcement
International Masters Competition
"Düssel-Cup"
March 28, 2026 in Düsseldorf

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1. Event

Organizer and host: Düsseldorf Dolphins e.V.
c/o Jan Wippermann
Bleichstr. 18, 41460 Neuss

Venue: Indoor swimming pool Eller (Dieter Forte Gesamtschule)
Heidelberger Str. 75
40229 Düsseldorf

Public transport connections: Tram: U75 to "Vennhauser Allee"
Bus: Lines 730, 731, 815 to "In der Elb"

Track length: 25 m

Runways: 5, separated by wave killer lines;
Swim-in lanes are not available during the competition

Water temperature: approx. 26°C

Timekeeping: Semi-automatic

**Google
Maps:**



Plus Code:
5VW2+RX
Dusseldorf

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2 Competition sequence and start of the event sections

09:30	Admission
09:45 – 10:30	Swim-in
10:15	Referee meeting
10:45	Start of the competitions

Section 1

WK	1	4 x 50 m Freestyle Relay (f/m)
WK	2	100 m Backstroke
WK	3	50 m Freestyle
WK	4	100 m Butterfly
WK	5	400m Freestyle (max. 5 heats)
WK	6	50 m Breaststroke
WK	7	200 m Medley
WK	8	4 x 50 m Butterfly Relay (f/m)

Section 2 (start approx. 45 min after end of section 1)

WK	9	4 x 50 m Medley Relay (f/m)
WK	10	100 m Breaststroke
WK	11	50 m Backstroke
WK	12	200 m Freestyle
WK	13	4 x 50 m Breaststroke Relay (f/m)
WK	14	100 m Freestyle
WK	15	50 m Butterfly
WK	16	100 m Medley
WK	17	4 x 50 m Freestyle Relay mixed

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3. General provisions

The competition regulations (WB), the legal system (RO) and the anti-doping regulations (ADB) of the German Swimming Association (DSV) apply in the respectively valid version.

Members of clubs or starting communities that belong to a national federation affiliated to the DSV and hold the association rights, as well as swimmers whose national associations belong to the World Aquatics World Swimming Federation and whose starting and association rights they hold are eligible to participate. Participants must be at least 20 years old (cut-off date 31.12.2025).

By submitting its registrations, the registering club accepts these provisions.

All competitions are decisions. The setting of the runs takes place according to the registration times, regardless of gender and age group. The scoring is done separately according to gender and age group.

All competitions will be held according to the one-start rule according to §125 (6) WB.

The event was approved by the Rhein-Wupper swimming district (SB-RW) in the North Rhine-Westphalia Swimming Association (SV NRW).

4. Referee-court

Referee panel is provided by the SB-RW in the key positions.

Clubs from NRW (LSB 17) are asked to provide one referee from three participants, two from six participants and three referees from 15 participants.

Additional referees from all clubs are welcome to be able to carry out the event.

Entry is requested by the registration deadline.

5. Entries

Each participant has the opportunity to register for up to **five individual competitions**.

The registration of the individual competitions is only possible online on the website www.duessel-cup.de. **The registration deadline is March 15, 2026, 11:59 p.m.**

The teams will be registered informally by e-mail to swim@duessel-cup.de by the team captain of the respective club by **March 21, 2026**. Changes to the relay participants can still be made until **March 28, 2025, 10:00 a.m.**

With their registration, the swimmers assure that they have the right to start for the club, that the annual license required by § 22 (2) WB-AT has been paid and that they have proven their sports health by a medical certificate that is not older than one year on the day of the competition.

By submitting the registration, the clubs confirm that their registered active athletes are in possession of a valid sports ability certificate in accordance with WB AT § 8. Furthermore, the club assures that the active members of the registered team have the right to start for the club and that the annual licence prescribed by WB AT § 16 para. 2 (f) has been paid.

The entry fee must be paid by the registration deadline via the payment methods specified in the registration portal. Registrations will only take effect after receipt of the entry fee.

By submitting the registration, the clubs confirm that their registered active athletes are in possession of a valid sports ability certificate in accordance with WB AT § 8. Furthermore, the club

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assures that the active members of the registered team have the right to start for the club and that the annual licence prescribed by WB AT § 16 para. 2 (f) has been paid.

The entry fee must be paid by the registration deadline via the payment methods specified in the registration portal. Registrations will only take effect after receipt of the entry fee.

6. Entry fee

Participation in the competition (per participant): 45,00 €

7. Registration result and protocol

The registration result and protocol will be published on the website www.duessel-cup-de soon after the registration deadline/end of the event and the possibility of downloading will be announced by e-mail (if an e-mail address has been provided).

In addition, the results will be posted shortly after the end of the respective competitions in the swimming pool and under



<https://www.wettkampfservice-mq.de/duessel-cup25/index.htm>

published.

8. Awards

The scoring is done separately according to gender and age group. The top three finishers per competition and age group in the individual and relay competitions will be awarded medals.

The medals will be handed over at the medal table in the swimming pool (pick-up); no medals will be forwarded.

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9. Age group division

The age group is divided according to §152 WB (MS). The cut-off date for age determination is December 31 of the year in which the swimmer reaches the respective age.

The following age group classification applies to individual competitions:

AK 20	AK 25	AK 30	AK 35	AK 40	AK 45	AK 50	AK 55	AK 60
20–24 years	25–29 years	30–34 years	35–39 years	40–44 years	45–49 years	50–54 years	55–59 years	60–64 years

AK 65	AK 70	AK 75	AK 80	AK 85	AK 90	AK 95	AK 100
65–69 years	70–74 years	75–79 years	80–84 years	85–89 years	90–94 years	95– 100 years	100-104 years and, if necessary, in 5-year increments

The following age group classification applies to relay competitions:

A	B	C	D	E	F	G	H	I
80–99 years	100–119 years	120–159 years	160–199 years	200–239 years	240–279 years	280–319 years	320–359 years	360–399 years

For the age group division in relay competitions, the age is summarized in whole years of life of the relay members. The age groups of the individual swimmers are not to be taken into account here.

German age group records in relay competitions may not be recognized if a swimmer in the age group 20 was involved.

In the mixed relays, 2 women and 2 men start in any order.

Individuals competing under the category "Divers" are permitted to start in relays; however, this relay team will not participate in the scoring or award according to point 8.

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10. Inclusiveness

Participants with an identity outside of "male" and "female" can participate in the swimming tournament as "diverse" (d). However, the rules of the World Aquatics and the DSV do not allow a competition with reporting of the performances to the federations. These participants (d) will start in their own competition outside the official association ranking, alternatively the gender female/male can be decided after consultation with the organizer, so that a registration of the performances is possible.

11. Privacy policy

By registering, the participant agrees to the privacy policy of the Düssel-Cup GbR, which can be accessed under <https://duessel-cup.de/datenschutz/>.

By participating in the competition, the participant also agrees to the electronic storage, processing and disclosure of competition-relevant personal data, stating name, club name, age, class, competition name, start number and start time. This processing is carried out in accordance with Article 6 (1) (b) GDPR. By participating in the competition, you also consent to the processing and publication of the start and result lists as well as, if necessary, photos of the competition and the award ceremony in notices, on the Internet, in social media and in other publications of the SB-RW. Participants can object to the storage, processing and use of their personal data and request deletion. The consequences result from the competition regulations of the DSV. The results lists that have already been published will not be changed in the event of an objection to publication, they will remain in place. The SB-RW privacy policy is available at <https://www.sb-rw.de/de/home/impressum-und-datenschutz/> .

12. Disclaimer & Terms of Use Swimming Pool

The organizer and host is not liable for lost items or damaged property, unless he or his staff is guilty of gross negligence or intent. Participants are liable for self-inflicted accidents.

Barefoot walks, shower rooms and the bathing area may not be entered with street shoes.

In addition, the terms of use of the Bädergesellschaft Düsseldorf mbH, which are posted in the swimming pool, apply.

Jan Wippermann